



Saint Agnes School  
Arlington Catholic  
High School

# President's Monthly Message

November 2023

## Presidential Perspectives with Dr. Andrew Keough

Dear Loyal Alumni and Supporters of Saint Agnes School and Arlington Catholic,

It is an honor to be submitting my first column to our Alumni Newsletter. It is long overdue!

November is traditionally known to us for giving thanks to our service members and to God for all that He has given us. We are truly blessed to live where we do and to have had the opportunities we have had. Joining the Saint Agnes and Arlington Catholic community this year has allowed me to reassess what really matters in life. I am truly blessed! For example, I never really thought about how much a school could mean to people. It's school after all!! Yet, the depth of the love for SAS and AC runs deeper than anything I have ever witnessed in a school setting. Whether at reunions, in one on one meetings, or out and about Arlington, I constantly hear how fondly people look back upon their time here. Regardless of whether they attended recently or 70-80 years ago, our alumni view their teachers and classmates like family and can literally come to tears just thinking about them. Likewise the love for the Sisters of St. Joseph is something that cannot be measured or put into words. It is, in the end, a pure form of adoration that is rare in today's world.



As we head into the holidays, we should all thank God for having had the opportunity to attend Saint Agnes School or Arlington Catholic. We are all members of this large, extended family and can take pride in the fact that no matter what, we always will be.

May the spirit of the Sisters of St. Joseph, who have served our Schools since 1892, be with you and your families this holiday season! I thank you for your dedication to our School and will hold you and your families close in my prayers.

Sincerely,

Andrew

*"The best way to show my gratitude to God is to accept everything, even my problems, with joy."*

**- St. Theresa of Calcutta**